

It's alarming indeed that Hawaii is seeing a boom in dialysis centers due to more chronic kidney disease — with no change in trend in sight. Unless, of course, folks start heeding the very simple yet very effective message to adopt a healthier, less sugary diet and a more active lifestyle.

“It really is a public health crisis,” said Dr. James Ireland, a kidney specialist. “Every year we’re seeing more and more patients. The line is still going up. We’re not even plateauing.” ***Login for more...***

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